

e-motion



Association for Dance Movement Therapy (ADMT) U.K.
Quarterly

Summer 2006

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EDITORIAL

It is with sadness that this edition goes out to you all, as it coincides with the loss of Gabrielle Parker who died very recently. (see brief notice within e-motion p.6 with further details). Gabrielle was personally an extremely important person for me. She was one of the primary teachers in my life who is with me in all the work that I do in the DMT context. I have been extremely saddened by the news that a beautiful person is no longer in our lives, yet an essence of her will always remain in my work and in my thoughts. As the grief sets in, I am unable to think too clearly, and just wish to say that there will be more writing about Gabrielle in the forthcoming edition of this newsletter.

Perhaps it is the summer sun keeping us all away from our computers, or maybe it is the busy workshop schedules you all have, but we have only one article sent in to e-motion, an extremely interesting book review, kindly reprinted with permission from the Dance Therapy Association of Australia. Many thanks once again DTAA!

This book review written by **Heather Hill**, on the book **Lucia Joyce: To dance in the Wake by Carol Loeb Shloss**, tempted my curiosity so much I have already bought a copy of it. Thank you for an interesting book review Heather.

Please do take the time to read News from ADMT UK council, as it contains important information from our Council members Jacqueline Butler and Karen

Rosevear linked to the ADMT Conference.

We now have full details in our book announcement section of **Helen Payne's** brand new book **Dance Movement Therapy: Theory, Research and Practice second edition 2006**.

There are some wonderful **workshops** advertised in this edition, and I am encouraged by the diversity on offer to us as a profession, many thanks to those of you who regularly advertise with e-motion, your contributions are valuable to us.

Céline Butté and I hope that you will be able to attend the **ADMT UK Annual Conference "Mind the Gap"**, running for two days on the **9th and 10th September**. It is a fantastic way to both meet other people in the profession and enjoy a social gathering with like-minded people, along with all the seminars and workshops on offer over the two days. It looks to be a spectacular event, and we have Céline and her wonderful team to thank for this event. **PLEASE NOTE THAT YOUR BOOKING FORM AND INFORMATION FOR THIS EVENT IS ON THE BACK PAGE OF THIS NEWSLETTER, AND IS A TEAR-OFF PAGE, NOT AFFECTING YOUR COPY OF e-motion.**

I hope to see you there,
Happy summer footsteps,
Tracey French, editor

Editor's notes:

I would like to formally give advice that the article published in the Spring Vol. XIV No.15, 2006 edition of e-motion from Helen Payne (p. 15) was edited for the purposes of placing it in the newsletter, and was not the original and complete overview of her new journal "*Body, Movement and Dance in Psychotherapy*".

Those of you who have received their copies now of this journal, will no doubt be pleased to read all the fantastic up to date writing relating to our profession.

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NEWS FROM ADMT-UK COUNCIL

Warren Lamb and James McBride

Introductory Course in

MOVEMENT PATTERN ANALYSIS

25 - 27 August 2006, 9 a.m. - 5:30 p.m.

Dance Studio, Oxford House, Bethnal Green, London. E2 6HG

What is MPA?

Movement Pattern Analysis (MPA) is used to describe an individual's unique process of decision-making, based on the study of human actions and interactions. Through detailed analysis of movement behaviors, MPA establishes a profile of an individual's preferred decision-making style—the distinctive way a person tends to think through or implement decisions. Gaining this insight enhances personal development, improves interpersonal communications, and facilitates more effective teamwork.

MPA was developed by Warren Lamb in the 1940's and 50's, building upon the innovations of movement theorist Rudolf Laban and management consultant F.C. Lawrence. Over 30,000 individuals—primarily those involved in senior management—have made use of MPA-Profiles, and some companies and multi-national corporations have continued their success with MPA for over two decades.

Key Features of the MPA Profile

It is non-judgmental, of lifelong value, and non-intrusive. A person's distinctive individual preferences, both for independent initiative and for interaction, are highlighted. MPA does not compare with any current "personality test;" the nature of information it provides is unique.

Your Own Profile is Made

One of the tutors will meet each participant prior to the course to make his/her Movement Pattern Analysis Profile. Then, during the course, movement experience, observation practice, and theoretical discussion will be utilized to help the participants recognize significant movement behaviors and how these behaviors relate to the decision-making process.

By the end of the course, each participant will be able to understand his or her own MPA Profile. This understanding can be used to facilitate personal growth as well as to be more discerning of others through a more comprehensive grasp of the meaning of movement.

What is the benefit?

Knowledge of our own MPA Profile enables us to appreciate the relatively constant elements in our make-up, compared to those that can change over time or according to circumstances. It is used:

- By the individual for personal strategic guidance
- Within Therapy
- Within the field of Management Consultancy for executive appraisal, developing management potential, and team building
- For career guidance.

The combination of movement learning experience together with awareness of your own MPA Profile can be extremely valuable for you personally and professionally.

The Impact of the Introductory Course

An approach based on movement offers a whole new dimension. The great majority of students have incorporated MPA into their own professional or personal ways of understanding people. A small number of students have gone on to advanced training in order to become qualified by Motus Humanus as professional practitioners.

The group should consist of six to eight participants plus two tutors.

There will be a total of 23 hours of instruction time (at the SCCADTA course, one ADTR Continuing Education Unit could be earned per hour of instruction).



Arrangement will be offered (AM or PM) for a two-hour meeting prior to the seminar, which will be arranged prior to the workshop on either 23rd or 24th August 2006, it is during this meeting that your MPA profile will be made. You will be able to indicate your availability AM or PM with your confirmation.

About the Tutors

Warren Lamb

Warren Lamb was trained by Rudolf Laban and worked with him as assistant until Laban's death in 1958. What was then known as "Personal Effort Assessment" was developed by Lamb into Action Profiling and now Movement Pattern Analysis. In its various forms approximately forty people are working as practitioners and many thousands worldwide have benefited. Lamb worked with Irmgard Bartenieff prior to her setting up the Effort/Shape Institute (now the Laban/Bartenieff Institute of Movement Studies) and for many years with Dr. Judith Kestenberg during her development of the Kestenberg Movement Profile. Lamb's books include *Posture and Gesture* (1965), *Management Behaviour* (1969), *Body Code - The Meaning in Movement* (1979) and he has published over 100 articles in *Management*, *Therapy*, and *Arts Journals*. His Management Consultancy clients have included many international companies. He is chairman of the Labanotation Institute at the University of Surrey, England.

Dr. Carol-Lynne Moore

Carol-Lynne Moore, PhD, currently lectures in the MA Programme in Somatic Studies and Labananalysis at the University of Surrey and the Graduate Program in Laban Movement Analysis at Columbia College in Chicago. In 2000, she was the recipient of a British Arts and Humanities Research Board post-doctoral fellowship, which allowed her to extend her research on Rudolf Laban's theories of movement harmony. A Certificated Movement Analyst (CMA) and Movement Pattern Analyst, Carol-Lynne is the author of *Executives in Action*, *Beyond Words* (with Kaoru Yamamoto), and *Movement and Making Decisions: The Body-Mind Connection in the workplace*. She is currently the president of the Board of Motus Humanus.

James McBride

James McBride is a practicing Movement Pattern Analyst, directing a Management Consultancy firm in Denmark. Prior to completing his MPA training with Warren Lamb and Dr. Carol-Lynne Moore, he was awarded an MA (Dist.) in Dance Studies from The Laban Centre, London. Originally a professional dancer and choreographer, he lectures regularly in dance and movement studies (including Labananalysis) at the University of Copenhagen, the Danish National School of Contemporary Dance, and the Danish Royal Academy of Music. He has also designed and taught programmes in movement education at the Danish School of Movement Therapy and the Norwegian Theatre Academy. James is a tutor in MPA, and is currently involved in a UK-based project, aimed at developing new ways to promote and teach Laban's work.

The Seminar Fees

A seminar fee of £750 per person will include the construction of a personal MPA Profile. This fee also covers the seminar materials but not lunch or overnight accommodations.

Payments should be made to ADMTuk.

Non-returnable deposit of £150 is required by Friday 7th July 2006. Remaining balance must be received no later than Fri 21st July 2006. After this final date no refunds are possible in the event of the participant cancelling, though arrangements can still be made for the MPA profile.

To Register:

Please complete the following information and forward this to myself, Lorna Malcolm, together with the non-refundable deposit, or if you wish you may make full payment.

You may either:

email by return address with the attached information to secure a place and follow on with the cheque in the post or: post information requested below and cheque to Lorna Malcolm,

Please ensure you indicate your availability for the profile interview of either am, pm or evening on either 23rd (Wed) or 24th (Thurs) August for



a 2 hour meeting when your profile will be made. The interviews will be held at Goldsmiths in New Cross and further details will be confirmed when you agree your time and date.

Please complete and return with £150.00 cheque for deposit made payable to ADMTuk or full payment of £750.

MPA workshop 25- 27 August 2006, Oxford House, Bethnal Green.

Name: _____

Address: _____

Mobile: _____

Tel: _____

email: _____

Availabilty and preference for MPA interview 23 or 24 August, am, pm or evening.
please detail:

Message from our Council Fundraisers working on Marketing for ADMT UK – Karen Rosevear and Jacqueline Butler write:

As a small organisation members will be aware that our funds are limited therefore to maintain the flourishing development of ADMT we would like you to assist in anyway you can.

At the conference in **Sept 9-10th 2006** we are planning to hold a fun fundraising auction. We hope that you will join us in feeling both able to enjoy the fun of bidding and in donating items, such as, DMT books, props, good quality unwanted presents, auction a skill such as a half hour massage etc.

We have already received the following donations: a Weekend in Worcester, an aromatherapy book, a bottle of wine

Next year in April 2007 we are planning a UK wide fundraising event on International Dance Day,

which we hope members will be keen to join in with. Watch this space for further information.

Other ways you may wish to raise money for the Association would be appreciated, or hold your own fundraising event. Perhaps you could make an extra donation, sell plants at your garden gate, have a car boot sale, or have a fundraising coffee morning with friends.

Any help really will be well received.

Notice – Amicus Union Meeting London
Notice from Amicus, the meeting date arranged for 8th July to talk about Agenda For Change is cancelled, and pending a new date.



Gabrielle Parker

It is with great sadness that we announce the passing away of Gabrielle Parker, who died on 21st June 2006 on the day of the Summer Solstice. She had been managing cancer for the past year with considerable effort and much success, unfortunately her health deteriorated quite rapidly recently and in greater pain she decided to 'let go'. The ADMT community will greatly miss her. She was someone who was extremely generous with her time with the training and development of DMT in the UK.

There will be further information of gatherings and/or celebrations of her life in the next edition of *e-motion*. Please feel free to write in to us with any thoughts or words that you feel can be placed in memory of Gabrielle.

Write to: tracey.french_emotion@yahoo.co.uk




the Association
for Dance Movement Therapy UK

M i n d t h e G a p
ADMT-UK Research Conference
9th and 10th September 2006
Roehampton University

We take great pleasure in announcing this year's Dance Movement Therapy Conference 2006, offering first class professional development.

Our workshops and presentations offer a rich sampling of some of the most up to date research and theory alongside innovative techniques and ways of working with diverse client groups. Our presenters and workshops facilitators are accomplished practitioners on their subject and many have written key books and articles.

Dr Frank Röhricht, one of our keynote speaker's will present on '**Body psychotherapy: State of the art, a case for integration**'. Penelope A. Best, our second keynote speaker will offer a presentation entitled '**Size up the gap before you leap! ...creating evaluations to fit multiple audiences**'.

We are offering panel presentations with some superb speakers presenting on the following topics: national initiatives such as Arts in Health, sexuality and gender, mental health, work with children, DMT in Ukraine and other countries, DMT and performance, DMT with older adults, transpersonal DMT, and DMT and psychoanalytical thinking. There will be a chance for participants to ask questions after each panel presentation.

We are also offering an extensive choice of workshops including writing about our work, DMT with different client groups, gender issues, dream-work and much more. See booking form for details (last tear off page of e-motion).

We feel sure that participants will go away inspired, energised and buzzing with new ideas!

Cost per ADMT-UK member: £145.00 / Cost per non-ADMT-UK member: £165.00
The fee includes full access to two days of presentations and workshops, lunch* each day and refreshments.

*please specify whether you are on a special diet on the booking form

You can also book for a three-course meal on Saturday evening for an additional £35.00 per person, which includes wine. The evening meal is a wonderful opportunity to network and socialise with colleagues.

Please send us your booking form asap as places for workshops are limited and they will be allocated on a first come first served basis!

We look forward to seeing you there!

The Conference Co-ordination Team

Booking Form on back page



Book Review

written by Heather Hill.

Kindly reprinted here, permission given by the Dance Therapy Association Australia DTAA.

“Lucia Joyce: To dance in the wake” By Carol Loeb Shloss Picador, 2005

Carol Loeb Shloss, the author of this biography of James Joyce’s daughter Lucia, notes in her introduction that the book originated with a photo, and it is indeed the striking photo on the book cover of Lucia Joyce dancing which immediately grabs the attention and draws you into her story... a story “that was not supposed to be told”. Both intentionally and from neglect, Lucia Joyce’s story until now has been forgotten, and Lucia “dismissed as the mad daughter of a man of genius” (p.4).

As Shloss demonstrates, Lucia (1907-1982) cannot be so summarily dismissed. Indeed Lucia in her early years showed herself to be a talented dancer. At age 15, Lucia studied dance with Isadora Duncan’s brother, Raymond, later studying with Jean Borlin, Elizabeth Duncan (Isadora’s sister) and Margaret Morris, the latter being a well known dancer and teacher of the time, who went on to champion the use of movement in schools and in therapeutic contexts. In the 1920s Lucia pursued a dance career, teaching and performing.

Lucia emerges as a free spirit, having been brought up in a very bohemian environment, and a very creative and talented artist, for whom dance was a natural and vital mode of being. However, she was also the daughter of James Joyce, living in the shadow of her father’s artistic pursuits. The Joyce household was quite unstable, with numerous money worries in the early years, and living a nomadic existence, moving house and moving countries.

At the end of the 1920s, Lucia suddenly gave up dance – for reasons darkly hinted at but never fully explained – and from that time on became unpredictable and “difficult”. She was treated by numerous psychiatrists (Bleuler, Jung among others), and was eventually permanently institutionalised. As I read this part of the book,

I couldn’t help but wish that she had been able to have dance therapy – she of all people needed a therapist who could meet her on her own ground, which was through her body.

This is an extremely dense book and at times one can get lost in the sheer weight of detail. However, the density also reflects the multiple layers to this story which make it a fascinating and compelling read. The early sections on dance are of course immensely interesting. This was a time when modern dance was freeing itself from the constrictions of classical ballet (Isadora Duncan, Rudolf Laban, Wigman, Dalcroze to name a few) and when the connection between healthy bodies and healthy societies was again being made. Living in Paris in the 20s, Lucia was part of revolutionary times – socially, politically, sexually and culturally. The author’s descriptions of the bohemian life in Paris at the time contain names like Samuel Beckett, Josephine Baker, Peggy Guggenheim and so on. It adds yet another perspective to this rich period in history.

The descriptions of Lucia’s treatment at the hands of early psychiatry are quite shocking – so much medical certainty in such an uncertain field. For me, a really sad aspect was the impact on Lucia of the various psychiatric diagnoses, which doomed her ever more to be an object of observation by others too ready to judge her behaviour as deviant. This loss of self and personal and social meaning for Lucia is the tragic subtext of this story.

At the heart of the biography is the relationship of James Joyce and Lucia. While there are suggestions that Lucia was in some way sacrificed by Joyce (unconsciously) and by his friends and family (intentionally – some certainly appeared to actively try to keep the “difficult” daughter from disturbing Joyce’s creative process), the



author clearly believes that Joyce was possibly the only person to see beyond the “mad” label to the creative, free spirit of his daughter and worked hard to try to help her keep her life together. The author also suggests that the relationship was not all one way and that the daughter was Joyce’s muse, whose life provided at least some of the material for his work, particularly Finnegans Wake in which the author believes Lucia can be identified with the central figure, Anna Livia.

It is clear that documented facts were hard to come by for this biography and equally clear that the author has a strong thesis she wished to present. Having little knowledge of the history of the Joyces and therefore no context in which to place this book, I find it hard to comment on the author’s interpretation of Lucia’s story. I know only that I am left with many questions and a desire to read more.

Lucia Joyce: To dance in the wake is a book which may create controversy among Joyce scholars, but it is a book which I found to be a strong presence in my life over the weeks I was reading it and a book rich, intriguing and at times quite disturbing.

Heather Hill
November 2005

Postscript. It seems that in the 1960s a young American dancer, Jean Erdman (later to dance with Martha Graham’s company), created a dance performance based on Finnegans Wake called *The Coach with the Six Insides*. It was only years later, when she met the author of this book, that she realised that Lucia Joyce, the probable model for the heroine of the book, had also been a dancer.

Brief Reports from The Field

An informal e-mail from Dr Bonnie Meekums, ADMT UK Associate Editor of “Body, Movement and Dance in Psychotherapy”

Dear colleagues,

As the ADMT representative for this journal, I would like to encourage as many of you as possible to consider writing for the new journal. For those of you who have never published before, it is perhaps worth knowing that several of the potential authors at this point in time are new to writing for peer reviewed journals, though some of these may have already published articles in professional publications like e-motion. I may be willing to be ‘coach-like’ by e-mail with anyone who is thinking of publishing in this journal for the first time (dependent on the demand). I want us to have a really strong presence.

Let me explain - being coach-like doesn’t mean necessarily reading your work or making comments on it. I would be using coaching skills

to help you to develop and achieve your goals. I recently did a two day course in coaching for academics, and am interested in using those skills - plus seeing how they work in e-mail form. If you do want to contact me about this, my details are below. I might also use this as a research opportunity, and so if you contact me I may ask you to send me back an e-mail confirmation of your willingness for our e-mail conversations to be used in this way, anonymously of course.

Best wishes to all of you, and I look forward to seeing some exciting articles from ADMTUK members in the coming year or so.

Bonnie Meekums, PhD, SrDMT

Bonnie can be contacted by e-mail at:
b.meekums@leeds.ac.uk



Book Announcements

Grief Unseen

Healing Pregnancy Loss through the Arts by Laura Seftel

Foreword by Sherokee Ilse February 2006 192 pages

ISBN 1 84310 805 4 Paperback £16.99/US\$27.95

At least one in five pregnancies ends in miscarriage, yet pregnancy loss remains a taboo topic and effective aftercare is rarely available for those who have experienced it. *Grief Unseen* explains the different kinds of childbearing losses, such as failed fertility treatment, ectopic pregnancy, and stillbirth, and explores their emotional impact on women and their partners, and the process of healing.

An established art therapist and mental health counsellor, Laura Seftel shares her own experiences of miscarriage and recovery, and describes the use of art and ritual as a response to loss in traditional and modern cultures. She presents a rich variety of artists who have explored pregnancy loss in their work, including Frida Kahlo, Judy Chicago, and Tori Amos, and shows how people with no previous artistic experience can generate creative responses as part of the healing process. The book includes step-by-step exercises in guided imagery, poetry, visual art, journaling, and creating rituals.

This accessible, positive resource will be useful to practitioners in the fields of medicine, mental health, art therapy, and counseling, as well as women and families who have suffered pregnancy loss.

“Laura Seftel’s Grief Unseen is a generous gift to women and their partners who have experienced devastating loss through reproductive crisis.

By including abortion and infertility as well as miscarriage, Seftel honors all life... Wise, comforting, and pragmatic, this book tutors all of us in the power of the creative arts to support the healing process that is native to the human soul.”

– Pat B. Allen, author of *Art is a Way of Knowing*,
The School of the Art Institute of Chicago

“Grief Unseen is lavishly illustrated with visual and literary examples of how bereaved parents can shape their sorrow into meaningful creative expressions... Laura Seftel has brought her deep knowledge and appreciation of artistic therapies to the troubling grief of pregnancy loss...a moving, evocative book.”

– Perry-Lynn Moffitt, co-author of *A Silent Sorrow: Pregnancy Loss*

Further details can be found on the JKP website:
<http://www.jkp.com/new/1-84310-805-4>

You can also order a copy of the book online from this page.

If you would like to order a copy of the book, and you are unable to access the Internet, you can contact us at:

Jessica Kingsley Publishers,

116 Pentonville Road, London, N1 9JB, UK

Tel: (+44) 020 7833 2307

Fax: (+44) 020 7837 2917

email: post@jkp.com

Yoga for Children with Autism Spectrum Disorders

A Step-by-Step Guide for Parents and Caregivers by Dion E. Betts and Stacey W. Betts

Forewords by Louise Goldberg, Registered Yoga Teacher and Joshua S. Betts. April 2006

Having successfully used yoga to combat the stress of their own busy lives, Dion and Stacey Betts discovered its potential for their son Joshua, who has Asperger Syndrome.

This fully-illustrated book combines the authors’ professional expertise with their experience of parenting, offering a range of gentle and fun yoga positions and breathing techniques that are



effective in dealing with the increased levels of anxiety, disorientation and tactile sensitivity often found in children with autism spectrum disorders (ASDs).

The authors give step-by-step descriptions of warming-up, strengthening, calming, and tension-

releasing exercises that are suitable for reducing coping mechanisms, such as hand-flapping, and increasing muscle tone, muscle strength and body awareness. They also offer a range of short and long sequences that can be tailored to fit the needs of the individual child.

FORTHCOMING!

DANCE MOVEMENT THERAPY

Theory, Research and Practice

Second Edition

Edited by HELEN PAYNE

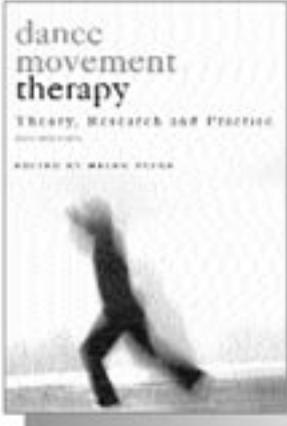
This thoroughly updated edition of *Dance Movement Therapy* echoes the increased world-wide interest in dance movement therapy and makes a strong contribution to the emerging awareness of the nature of embodiment in psychotherapy. Recent research is incorporated, along with developments in theory and practice, to provide a comprehensive overview of this fast-growing field.

Helen Payne brings together contributions from experts in the field to offer the reader a valuable insight into the theory and practice of Dance Movement Therapy. The contributions reflect the breadth of developing approaches, covering subjects including:

- dance movement therapy with people with dementia
- group work with people with enduring mental health difficulties
- transcultural competence in dance movement therapy
- freudian thought applied to authentic movement
- embodiment in dance movement therapy training and practice
- personal development through dance movement therapy.

Dance Movement Therapy will be a valuable resource for anyone who wishes to learn more about the therapeutic use of creative movement and dance. It will be welcomed by students and practitioners in the arts therapies, psychotherapy, counselling and other health and social care professions.

Helen Payne is an accredited psychotherapist and senior registered dance movement therapist. She is Reader in Counselling and Therapeutic Studies at the University of Hertfordshire, facilitates authentic movement groups and runs a small private practice.



Contents: **Payne**, Preface. **Payne**, Introduction – Embodiment in Action. **Kowarzik**, Opening Doors: Dance Movement Therapy with People with Dementia. **Karkou**, Dance Movement Therapy in the Community: Group Work with People with Enduring Mental Health Difficulties. **MacDonald**, Dancing with Demons: Dance Movement Therapy and Complex Post Traumatic Stress Disorder. **Bunce**, Dance Movement Therapy with Patients with Parkinson's Disease. **Bannerman-Haig**, Stretching, Tensing and Kicking: Aspects of Infantile Movement in Dance Movement Therapy with Children and Adolescents in Special Education. **Singer**, Hidden Treasures, Hidden Voices: An Ethnographic Study into the Use of Movement and Creativity in Psychosocial Work with War Affected Children in Serbia. **Boas**, The Body of Culture: Transcultural Competence in Dance Movement Therapy. **Penfield**, Another Royal Road: Freudian Thought Applied to Authentic Movement. **Steiner-Celebi**, Birth Moves: Dance Movement Therapy and Holistic Birth Preparation. **Meekums**, Embodiment in Dance Movement Therapy Training and Practice. **Payne**, The Lived Experience of Students in a Dance Movement Therapy Group: Loss, Physical Contact and the Dance Movement Therapy Approach. **Hayes**, Dance Movement Therapy with Dance Students: 'Special Ingredients' in the Development of Playfulness, Self-confidence and Relationship. **Shreeves**, Full Circle: From Choreography to Dance Movement Therapy and Back.

1-58391-702-0 April 2006 280pp. £50.00 / \$90.00 hbk
1-58391-703-9 April 2006 280pp. £19.99 / \$35.95 pbk

 Routledge
Taylor & Francis Group



!!!! RESEARCH OPPORTUNITY !!!!

UNIVERSITY OF HERTFORDSHIRE

Faculty of Art and Design

Arts Therapies Research Group (art, drama music and dance movement therapies)

We welcome applicants from the within any of the arts therapies to apply for programmes at MPhil/PhD or MSc by research.

New Funding Opportunity

Faculty Research Scholarship Scheme (FRSS) is a Faculty award given on a competitive basis to eligible applicants for MPhil/PhD study.

To be eligible, applicants must include a signed copy of the [FRSS form](#) with their postgraduate application form, and meet the [Faculty deadline](#) for applications for research degrees. The criteria for selection are:

- relevance to the [published areas of interest](#)
- quality of the proposal, including knowledge of the field, scope, achievability of outcomes (cf. our notes on [research through practice](#) –see website)

Applications will be judged by a panel nominated by the Associate Dean Research.

The value of the award is equivalent to the full-time home fees for year one of MPhil/PhD study in the Faculty. After year one, eligible students may still apply for continuation funding under the doctoral competition of [AHRB](#).

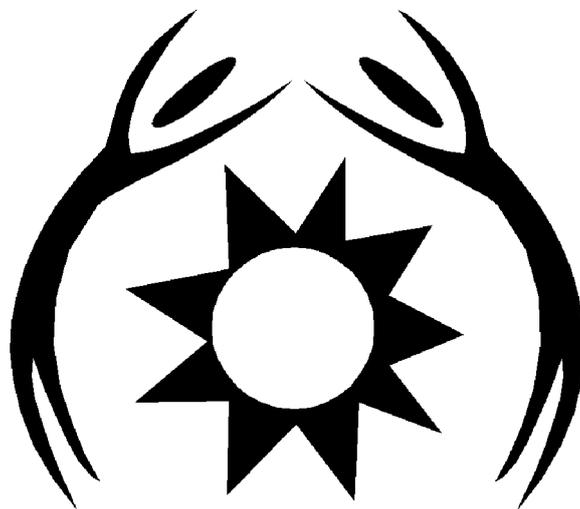
Studying full-time for year one shortens the overall duration and cost of part-time doctoral study. It enhances success by quickly providing a secure foundation to the programme of study. In particular, it enables the student to concentrate on identifying and documenting the research context, supported by regular contact with the supervisory team.

Overseas students are eligible to apply for the FRSS award.

Current research areas of interests include:

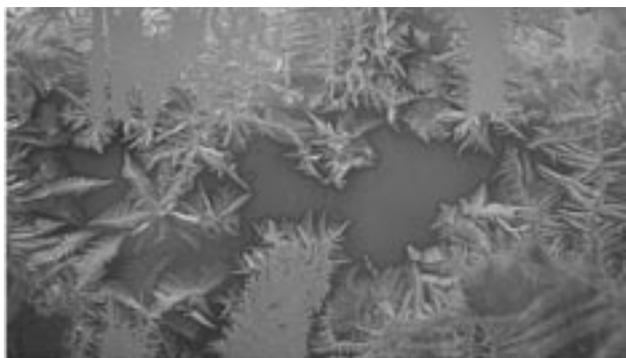
- Arts therapies and health
- Efficacy of arts therapies
- Arts therapies and research methodologies
- Arts therapies in palliative care
- Arts therapies in bereavement support services
- Arts therapies and psychosomatic conditions
- Arts therapies and eating disorders
- Arts therapies training and education, including personal development groups
- Arts therapies with children and adolescents

Inquiries to Dr Helen Payne, Leader of the Arts Therapies Research Group, h.l.payne@herts.ac.uk





WORKSHOPS AND CONFERENCES



SOUTHWEST MOVEMENT GROUP

Barbara Feldtkeller MScPsych, RDMT

for all who would like to keep a moving
practice, movement reflection,
developing creative potentials and enjoy being

Saturday morning 10.30 – 13.00

July 15th 2006

October 21st 2006

February 3rd 2007

May 12th 2007

Bristol – Venue tbc

Ffi call Barbara on 0117 3775260 or email
bobby64@gmx.net

Fee: £25 per workshop or £80 for all 4
workshops

Please note: this is not a therapy group

Relational Creative Process Model (RCPM) of Supervision in London area.

Next group starts October 2006 – 10 monthly
sessions of co-creative supervision focusing
upon the body-sense and experience of the
therapist. Reflection through movement, play,
drawing, writing, talking ... in dialogue with
others. Contact Penelope 01908225578 or
pbestworks@aol.com for details. Book by
September 4. Places limited.

UK Council for Psychotherapy: 10th Professional Conference Hosting the 15th Congress of the European Association for Psychotherapy Cambridge July 13th to 16th 2006

‘Days of Shaking’: Psychotherapy in a Time of Change

In January 1643 shortly after the English Civil
War had begun, Jeremiah Whittaker, a Protestant
preacher, warned members of the English House
of Commons:

‘ These days are days of shaking, days of trouble,
and this shaking is universal: the Palatinate,
Bohemia, Germany, Catalonia, Portugal, Ireland,
England. ... Though all nations be not shaken at
one time, yet no nation so stable but it shall have
a time of shaking ’.

Today the same words ring just as true. These too
are days of shaking and, perhaps in part because
of modern telecommunications, this shaking is
once again universally felt. Political upheavals,
war, natural disasters and disease, the rapidity
of change, all contribute to this sense of being
shaken. During the Congress, plenary speakers
and workshop presenters will examine:

1) Shaking the tree of knowledge: new methods and research in psychotherapy - how do we change?

*The plenary speakers whose talks fall into this
area include:*

Tom Andersen, family therapist, author of ‘The
Reflecting Team’

Gerald Edelman, Nobel prize-winning
neuroscientist, author of ‘Neural Darwinism’

John Shotter one of the originators of Social
Constructionism, Principal Consultant, Kensington
Consultation Centre

Digby Tantam Professor of Psychotherapy,
Sheffield, and Co-Director of Centre for the Study
of Conflict and Reconciliation

Emmy van Deurzen existential psychotherapist,
founder of **The New School of Psychotherapy
and Counselling**



Chris Williams, Senior Lecturer in psychiatry, Glasgow University, and cognitive behavioural therapist.

2) Shaking hands across a divide: political decisions in Europe - how can we affect change as change affects us?

The plenary speakers whose talks fall into this area include:

Alexander Filz, psychiatrist and psychotherapist in the Ukraine, President of the EAP

Barbara Fitzgerald psychoanalytic psychotherapist, delegate to the EAP for the Irish Council for Psychotherapy

Horst Kaechele Professor of Psychotherapy, Ulm University, a leading researcher in psychotherapy process

Alfred Pritz, Secretary-General of the EAP, co-founder of the Sigmund Freud University, Vienna

Andrew Samuels Professor of Analytical Psychology, University of Essex, author of 'Politics on the Couch'.

3) The shock of experience - working with people shaken-up by trauma:

The plenary speakers whose talks fall into this area include:

David Boadella, founder of Biosynthesis, author of 'Lifestreams'

Brian Keenan, internationally respected survivor and writer about the human condition

Bill O'Hanlon, developer of solution-oriented psychotherapy; author of 'Thriving Through Crisis'

Alexandra (Sandi) Richman, consultant psychologist Traumatic Stress Service, Maudsley Hospital, specializing in EMDR

Elisabeth Vykoukal, group and individual psychotherapist, working with people living on the edges of society.

Members of the Association for Dance Movement Therapists may be particularly interested in the following two events during the Congress:

- The programme of workshops will include one led by Helen Payne

'Shaking – an involuntary, jerky movement at a time of change'. Come shake a leg and mix it all up. Our circle of movement from within allows a gateway for the new to become integrated into the individual and collective body'.

- On Friday 14th July, Taylor and Francis/Routledge are hosting a drinks reception to celebrate the new journal: *Body, Movement & Dance in Psychotherapy: An International Journal for Theory, Research and Practice*

Use the UKCP website www.psychotherapy.org.uk

- For details of the programme
- For booking forms (**Fees:** Non-res. fee: £270 for UK and W European psychotherapists; £100 for students and Eastern Europeans; £95/£50 day rate)

Authentic Movement and Therapeutic Presence with Fran Lavendel in Edinburgh, Scotland

**Introductory Day:
September 2006.
Four weekends: October
2006-March 2007**

The study of the discipline of Authentic Movement and how it can help cultivate clear presence in our work with others. An opportunity for professional development for practitioners and trainees in therapeutic and bodywork practices, education, the caring professions and the community.

Please contact Fran on 01968 676461
lavendelmaclea@ednet.co.uk



AUTHENTIC MOVEMENT AND GROUP PROCESS

Residential November 9-13th 2006

(Accommodation: approx 54.00 per night inclusive. Tuition 370.00). Separate application form. Pre-requisites - one introductory weekend, in authentic movement or equivalent **QUALIFIED PSYCHOTHERAPISTS AND DANCE MOVEMENT THERAPISTS ONLY NEED APPLY.**

INTRODUCTORY WEEKENDS and STUDY GROUPS IN THE DISCIPLINE OF AUTHENTIC MOVEMENT

26-28 Jan 2007; 16-18 March and 4-6 May 2007 at Letchworth Centre, Hitchin Rd, Letchworth, Herts. B and B is available locally (for list and maps please send SAE with booking form). Please bring your own cushions and art materials. **Meals:** Lunches available locally. Drinks are provided. **Tuition Fees:** 185.00 (please inquire about discounted places).

email h.l.payne@herts.ac.uk or telephone 01438 833440 for further details.

Dr Helen Payne facilitates authentic movement for training programmes in DMT in the UK and Europe. She is a senior movement psychotherapist specialising in personal development in groups. Her unique offering brings the practitioner's skills and personal process into the foreground to enhance mindfulness and congruence. In particular somatic countertransference material is explored as a gateway development of the therapist's sensitivity and deep empathy and presence promoting an integration of bodymindspirit.

CONTINUING PROFESSIONAL DEVELOPMENT AT THE UNIVERSITY OF CHICHESTER

3 MODULES
(AUTUMN, SPRING AND
SUMMER 2006-7, Friday afternoons 1-4pm)

Spirit of Enquiry
Independent projects
Reflective practice portfolios

These may combine to form the postgraduate certificate year on the MA Transpersonal Arts and Practice at Chichester University (www.chiuni.ac.uk)

The modules offer an imaginative journey through the body as transpersonal embodied research, in relation to professional practice. A joy for all practitioners of dance and movement, interested in embodied transpersonal research and practice.

All modules are rooted in transpersonal dance movement practice: heartfelt practice inspired by spirit. Core teachings are Trungpa, Hillman, Moore, Whitehouse, Adler, Chodorow, Coldy and Daria Halprin.

Teachers are Dr Jill Hayes (SnrDMT), Kathy Halter (Arts psychotherapist, UKCP registered), Sharna Travers-Smith (BMC Certified teacher)

Please contact Dr Jill Hayes for further details
j.hayes@chi.ac.uk





Therapists and Supervisors

Beatrice Allegranti, MA, SrDMT

Offers individual and group supervision: Integrating Feminist and Dreambody approaches. Contact: beatriceallegranti@mac.com or Tel: 07714 196 810

Leah Bartal SrDMT

Offers individual DMT and Supervision including Psychosynthesis, Jungian Background, Feldenkrais and Authentic Movement. Monthly workshops include writing and mask-making. North West London and internationally. Tel/Fax: 020 7722 9768.

Dawn Batcup, SrDMT

Offers supervision or DMT in South London. Contact: dawn.batcup@swlstg-tr.nhs.uk or Tel. 020 8682 6236

Catherine Beuzeboc, SRDMT

Offers individual sessions in movement psychotherapy and supervision in North London NW5. Existential / Humanistic orientation. Tel: 020 7267 6253 or email: c.beuzeboc@btinternet.com

Penelope Best SrDMT

Offers individual and group creative process oriented supervision and consultation sessions in East London and east midlands (Milton Keynes). Contact: pbestworks@aol.com

Katya Bloom, SrDMT, CMA, MA, PhD

Offers individual movement therapy and supervision in North London. Tel: 020 8444 2071 or email: kbloom@talk21.com

Sue Curtis, SrDMT

Available in South East London for supervision, training or workshops. Sue specialises in all aspects of work with children and young people. Contact: Tel: 0208 244 0968 or sue@dircon.co.uk

Yeva Feldman, SrDMT, MSc, Gestalt Therapist in advanced training.

Offers supervision (individual and group) in South West London and professional development workshops. Contact: Tel: 07958 610234 yevafeldman@prevyet.freeserve.co.uk

Eilla Goldhahn, SrDMT

Supervision and short term psychotherapy. Professional and personal development programme: authentic Movement and Experiential anatomy. Contact: e.goldhahn@authenticmovement.org, Tel 01364 72687, www.authenticmovement.org

Linda Hartley, MA, SrDMT, BMCA, RMT, UKCP

Offers personal therapy, integrating Authentic Movement, Body-Mind Centering and a transpersonal and body-oriented approach to Psychotherapy. Supervision is also available in London and Cambridge. Contact: Tel: 01799 502143 or Linda.hartley@ntlworld.com

Sarah Holden, BA hons, SrDMT, IGA, UKCP

Offers individual movement psychotherapy, and supervision in South London. Contact: Tel: 020 8682 6246 or sarah.holden@swlstg-tr.nhs.uk

Martina Isecke SrDMT, Dance Artist, Psychologist

Creative coaching and dance holidays at Lanzarote, Canary Islands, Spain. Offers supervision, DMT workshops, dance tuition. Contact: Tel: 0034 680588728 or e-mail: tinaise@yahoo.co.uk www.martinadance.com

Fran Lavendel, MA, SrDMT, BMC practitioner

Teacher of Authentic Movement, offers movement psychotherapy, group work and supervision. Contact: lavendelmaclea@ednet.co.uk or Tel: 01968 676461

Jeanette MacDonald, SrDMT, ARAD

Offers individual therapy and clinical supervision in London and Exeter. Also available for Advanced/Professional Dance workshops and private coaching. Contact: Tel: 01392 873683 or info@exedance.demon.co.uk

Dr. Bonnie Meekums SrDMT, UKCP

Is available for both private individual therapy and clinical supervision in the North and North West of England. Contact: University of Leeds, Wakefield Site, Margaret Street, Wakefield WF1 2DH. Or b.meekums@leeds.ac.uk



Nina Papadopoulos, SrDMT

Is available for individual DMT and supervision in East London. Tel 020 85563180 or email: ninadmt@yahoo.com

Dr. Helen Payne, SrDMT, Fellow ADMT-UK, UKCP

Offers training, therapy and supervision. Trained in Authentic Movement and integrates this into her private practice. Contact: Tel: 01438 833440 or H.L.Payne@herts.ac.uk

Helen Poynor SrDMT. MA and RMT (ISMETA)

Available for individual movement therapy and supervision in East Devon & Totnes. Also offers Walk of Life Movement Workshops in West Dorset/Devon. Halprin trained. Contact: Tel: 01297 20624.

Sandra Reeve SrDMT

Offers movement therapy and supervision in SW England. (Dorset) and Move into Life workshops for personal and professional development. Contact: Tel: 01297 560511 or sdreeve@aol.com

Susannah Rosewater SrDMT

Offers individual DMT and supervision in Chiswick W4. Her work is influenced by Authentic Movement, Humanistic Psychotherapy and Feldenkrais Method. Contact: 020 87427240 or sue.rosewater@virgin.net

Susan Scarth SrDMT, MCAT, BSc. Hons

Offers supervision—individual and group, Training and Consultancy. Contact: sbscarth@hotmail.com or Tel: 07769 644569

Rosa Shreeves SrDMT, UKCP, Dance Artist

Offers individual therapy, supervision, choreography and consultancy in West London. Contact: Tel. 0208 995 5904 or roger.north@btinternet.com

Marion Violets, SrDMT

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The e - motion ADMT U.K. Quarterly is an official publication of the Association for Dance Movement Therapy. The quarterly Committee invites all members to contribute and reserves the right to edit all material. Views expressed by the contributors are the authors' and do not necessarily express the views of the Association. Similarly, any publication, advertisement or workshop not part of the Association's activities is not necessarily recommended or approved by the ADMT U.K. Copyright of articles remains with the author unless otherwise specified. When writing articles, please use the following editorial guidelines:

A maximum of 10 sides of A4 including references. Single line spacing. For text only, there is no need to do formatting. All references cited in the text must be listed in alphabetical order in a reference section at the end of the article. Only items cited in the article should be listed as references. Each one should include the following as a general guide:

Books:

Author/s surname/s followed by initials, year of publication (in brackets), title (underlined), place of publication, name of publisher, page numbers (if referring to an article within an edited book)

Chodorow, J. (1991) Dance Therapy and Depth Psychology: The Moving Imagination. London & New York: Routledge

Journals:

Author/s Surname/s followed by initials, year of publication (in brackets), title of article (lower case), title of journal (uppercase and underlined), volume and issue number, page numbers of article.

Karkou, V. (1999) Who? Where? What? A brief description of DMT: Results from a nationwide study in arts therapies, e-motion, ADMT UK Quarterly, XI, (2), 5-10.

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**e - motion ADMT U.K. Quarterly DEADLINES:
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The editorial committee will undertake to mail the publication approximately six weeks after deadlines.

EDITORIAL COMMITTEE: Tracey French



**Mind the Gap
ADMT UK Conference
Booking Form**

Please fill in both sides of this page, tear it off, and send it to the address below.

First Name	
Second name	
Address	
Email address	
phone number	

		how many?	amount due
ADMT-UK Member	£ 145.00		
Non ADMT-UK Member	£ 165.00		
evening meal (opti	£ 35.00		
accomodation (per night)	£ 21.00		
TOTAL amount payable			

Dietary options: please tick the box(es) below as appropriate			
no special diet	vegetarian	vegan	any other food allergy - please specify

Please make your cheque payable to ADMT UK Limited and send your booking form and full payment to Andrew Clements, ADMT UK Administration, 32 Meadfoot Lane, Torquay, TQ1 2BW.

For further information, please contact Celine Butte: cel_butte@yahoo.co.uk

Please turn over for workshops details and reservation



Mind The Gap Workshop Reservation

workshops booking: There will be one workshop on Saturday - List 1 - and one workshop on Sunday - list 2- Please choose 2 workshops from each list in order of preferences. We will endeavour to allocate your first choice, however places for workshops are limited.

List 1 - Saturday Workshop		
Workshop letter	title	offered by
A	Writing About Movement -	Helen Payne& Kedsie Penfield
B	Thematic Unfolding -	Jerry Harrison
C	Dance Movement Therapy and Cognitive Education: A learning partnership	Juliet Diener
D	Creative Expressive Dance Movement Activities with Older Adults using the	Jacqueline Waltz
List 2 - Sunday Workshop		
E	Touchy feely timewasting or real therapy	Amanda Player
F	'Crossing the Divide' - The language of gender in	Geoffery Unkovich
G	"mind the gap".....a train nightmare or much	Suzanna Rosewater
H	experientially how supervision may support practitioners to bridge the gap between ours and	Pam Fisher

	list 1		list 2	
	preference 1	preference 2	preference 1	preference 2
example	<i>A</i>	<i>D</i>	<i>G</i>	<i>E</i>
your choice				

Make your cheque payable to ADMT UK Limited and send your booking form and full payment to Andrew Clements, ADMT UK Administration, 32 Meadfoot Lane, Torquay, TQ1 2BW.

A full program of the conference will be available for download shortly before the conference. Please check the website on www.admt.org.uk regularly

For further information, please contact Celine Butte: cel_butte@yahoo.co.uk