

## Research Opportunities in Dance Movement Psychotherapy February 2017

### 1. Edge Hill University

Relevant research at Edge Hill University spans across the Faculty of Arts and Science and the Faculty of Health and Social Care. **Arts for Wellbeing**, an inter-disciplinary and multidisciplinary research group, under the auspice of the Postgraduate Medical Institute, is directed (since 2014) by **Professor Vicky Karkou**. It builds upon:

- Existing practice-based research and knowledge transfer experience in the arts for wellbeing
- Research publications: books, chapters, articles, systematic reviews and practice based outputs
- Existing links and connections at a local, national and international level. It aims to generate evidence of good arts practice for wellbeing across the life span

It defines evidence as: Arts-based and practice-based; Qualitative and quantitative; Biological and neuroscientific.

It brings together existing members of staff, PhD students, postdoctoral researchers, visiting professors and fellows in performance, applied performance and arts psychotherapies from the areas of Performing Arts, Psychology, Health, Education and Computer Sciences.

Research Priorities: Older people including dementia; Adult Mental health including trauma and depression; Children and adolescents including children at risk and those with developmental co-ordination problems

Available programmes: Short CPD courses and introductions to dance movement psychotherapy, arts therapies and related topics under the Arts for Wellbeing research group.

#### PhD opportunities in arts therapies (including Dance Movement Psychotherapy)

Contact: Professor Vicky Karkou [karkouv@edgehill.ac.uk](mailto:karkouv@edgehill.ac.uk)

<https://www.edgehill.ac.uk/performingarts/research/arts-for-wellbeing/>

### 2. University of Hertfordshire

A University of Hertfordshire research degree is an internationally recognised degree signifying high levels of achievement in research. The School of Education (supported by the School of Health and Social Work, School of Psychology, School of Art and Design/Art Therapy, Centre for Leadership and Coaching as required) offer **MPhil and/or PhD** research degrees in **Dance Movement Psychotherapy (DMP)**, led by **Professor Helen Payne**, within one of the research themes of Health and Wellbeing. Practice-based research (PBR), mixed methodology and collaborative research are distinctive features of the culture of inquiry, combining advancement of academic knowledge and development of practice. PBR engages with fundamental questions concerning: the nature of practitioner research; the way research impacts on practice; how practitioners develop their expertise and how research supports practitioner development.

The school has well established links and partnerships with a variety of local, national and international organisations including: the NHS, Bupa, Mind, special schools, early years settings, GP surgeries, hospitals, schools, centres for child development, The Social Brain Lab - Netherlands Institute for Neuroscience (NIN), professors based in health centres/universities abroad such as in Australia, South Africa, The Netherlands, Israel, Taiwan, China, Spain, Greece, Turkey, USA.

**The PhD** programme of studies is an individualised route which can be studied as a part-time or as a full-time student. You will have two or three dedicated supervisors and are supported by attending the postgraduate seminar series to develop subject specific knowledge and research skills relevant to your field of research. There are many opportunities to connect with the wider research

community, in teaching, lectures and at conferences. The hybrid, multi-disciplinary nature of DMP means that studies will probably include an integration of, for example neuroscience, the arts, philosophy, psychotherapy and psychology. Furthermore, you may present your work at major conferences and in refereed journals.

Areas of staff expertise for PhD supervision include: **embodied approaches to psychotherapy (body /dance movement psychotherapy)** as applied to, for example:

- medically unexplained symptoms, mental health and well-being
- coaching, mentoring, leadership and policy
- early years, children and adolescents
- autism, young offenders, special needs
- psychotherapy, reflective practice
- arts inquiry

Contact: Professor Helen Payne [h.l.payne@herts.ac.uk](mailto:h.l.payne@herts.ac.uk)

The **Doctorate in Education (EdD)** is designed for those in education or training settings to conduct research at doctoral level. A central feature of the work of professionals in education and training today is the evaluation and development of practice, and the ability to bring about change within their institutions. The EdD is a cohort experience programme focused on the improvement of professional practice through research.

Contact: Dr Jon Berry [j.berry@herts.ac.uk](mailto:j.berry@herts.ac.uk)

**Pathways2Wellbeing** (a University of Hertfordshire spin-off) offers: Introductory courses and training modules in The BodyMind Approach™ for facilitating groups for people with medically unexplained symptoms/somatic symptom disorder in the NHS.

[info@pathways2wellbeing.com](mailto:info@pathways2wellbeing.com)

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[www.pathways2wellbeing.com](http://www.pathways2wellbeing.com)

### 3. University of Roehampton

The **Centre for Arts Therapies Research (CATR)** heralds a new phase for the development of Arts Therapies research within the university and within the wider social context. CATR moves in line with twenty first century progressive paradigms; it promotes integrated and complex understandings of the intersections between the arts, science, psychological and psychotherapeutic processes. The centre continues to produce research that contributes to social and clinical interventions in partnership with a variety of UK and international organisations including: the NHS, The Institute for Cell and Molecular Biology in Porto, The Grieg Academy of Music in Norway, Marie Curie Cancer Care, The Priory, UK Social Services, Bupa.

Major research areas include: Neurofeminist approaches to understanding Embodiment; Embodied Approaches to working with Dementia; Embodied Methodologies; Art Psychotherapy and Cancer Care; Dramatherapy and Autism; Embodied processes in Play Therapy.

**The department of psychology offers an annual PhD bursary competition.**

Contact: Dr Beatrice Allegranti [b.allegranti@roehampton.ac.uk](mailto:b.allegranti@roehampton.ac.uk)

<https://www.roehampton.ac.uk/research-centres/centre-for-arts-therapies-research/>

<https://www.facebook.com/CATRCentreforArtsTherapiesResearch>

**Call for participation - MA Research Projects 2017  
University of Roehampton**

<p><b>Name:</b> Helen Crawshaw</p> <p><b>Contact details:</b> <a href="mailto:crawshah@roehampton.ac.uk">crawshah@roehampton.ac.uk</a></p> <p><b>Title of research project:</b> Being a woman, becoming a dance movement psychotherapist: a phenomenological investigation.</p> <p>As a woman who chose this career I have become aware the majority of DMPs in the UK are female. I am interested in investigating why, and what 'lived experiences' (including social factors) brought other women and I to this career choice.</p>
<p><b>Name:</b> Abigail Jackson</p> <p><b>Contact details:</b> <a href="mailto:jacksona@roehampton.ac.uk">jacksona@roehampton.ac.uk</a></p> <p><b>Title of research project:</b> "Transpersonal Experience in Authentic Movement: An Embodied Phenomenological Study".</p> <p>I am looking for two dance movement psychotherapists and two DMP trainees to help me understand how the transpersonal is experienced in the body. I will facilitate two focus groups (two participants in each) where we will discuss, move and share. I wish that participants believe they have had a transpersonal experience before and are able to travel to Roehampton University.</p>
<p><b>Name:</b> Lucy Kuipers</p> <p><b>Contact details:</b> <a href="mailto:kuipersl@roehampton.ac.uk">kuipersl@roehampton.ac.uk</a></p> <p><b>Title of research project:</b> Dance Movement Psychotherapy with People in Vegetative and Comatose States: A Phenomenological Investigation</p> <p>I am looking to interview two dance movement psychotherapists to understand their lived experiences of working with people in vegetative and comatose states.</p>
<p><b>Name:</b> Chloe Wilkinson</p> <p><b>Contact details:</b> <a href="mailto:wilkinsc@roehampton.ac.uk">wilkinsc@roehampton.ac.uk</a></p> <p><b>Title of research project:</b> The Experience of Dance Movement Psychotherapy (DMP) For Men with Depression: A Phenomenological Inquiry</p> <p>I am interested in investigating the 'lived' subjective experience of men with depression from a male perspective. Therefore I am looking to interview male DMP's who have worked with men with depression</p>
<p><b>Name:</b> Yvonne Zuiker</p> <p><b>Contact details:</b> <a href="mailto:zuikery@roehampton.ac.uk">zuikery@roehampton.ac.uk</a></p> <p><b>Title of Research Project:</b> Women living without Wombs: The role of DMP in supporting women losing their wombs. A Feminist Phenomenological Study. I would like to explore this phenomenon through movement improvisation and discussion 2x 1.5h sessions at Roehampton University. I am inviting 2 or 3 DMP's who are living without a womb to take part in this project.</p>
<p><b>Name:</b> Sasha Watson</p> <p><b>Contact details:</b> <a href="mailto:watson2@roehampton.ac.uk">watsons2@roehampton.ac.uk</a></p> <p><b>Title of research project:</b> An exploration into the use of Dance Movement Psychotherapy with adults who were raised by one or more alcohol dependent parents: an Embodied Performances investigation.</p>

<p>I am looking to interview DMPs who have experience of working with one or more clients who had an alcohol dependent parent. Participation would involve a 40-minute semi structured interview.</p>
<p><b>Name:</b> Karen Dudley  <b>Contact details:</b> dudleyk1@roehampton.ac.uk</p> <p>Topic and research area – 'Where am I now I've had a baby? A feminist investigation of how DMP can be used to understand women's experiences of postnatal depression.' I would like to invite DMPs who have experience of working with women suffering from PND to take part on this research. Participation would involve a 40-minute semi structured interview.</p>
<p><b>Name:</b> Emma Craddock  <b>Contact details:</b> craddoce@roehampton.ac.uk</p> <p>Title: "How does the experience of having a sibling with Autism Spectrum Condition affect the Dance Movement Psychotherapist's intersubjective therapeutic relationships: An Embodied investigation"</p> <p>I am looking to interview 3 dance movement psychotherapists who have a sibling with Autism; with interest in relational embodied patterns.</p>
<p><b>Name:</b> Eleonora Carpi  <b>Contact details:</b> carpie@roehampton.ac.uk</p> <p><b>Title of research project:</b> The role of Improvisation in Dance Movement Psychotherapy (DMP) with people experiencing forced displacement: an Embodied Performances investigation.</p> <p>I am interested in interviewing DMP's who have worked with people experiencing forced displacement, in order to explore with them how movement improvisation can support the shift and reconfiguration of identities in new socio-cultural settings.</p>
<p><b>Name:</b> Emily Hoffman  <b>Contact details:</b> hoffmane@roehampton.ac.uk</p> <p><b>Title of research project:</b> A feminist investigation of the facilitation of embodied agency in Dance Movement Psychotherapy with former child soldiers recovering from trauma</p> <p>I am interested in interviewing DMPs who have worked with former child soldiers to explore their experience and facilitation of embodied agency with this client group.</p>
<p><b>Name:</b> Konstantina Lambi  <b>Contact details:</b> lambik@roehampton.ac.uk</p> <p><b>Title of Research Project:</b> The non-neutrality of touch in Dance Movement Psychotherapy: A feminist phenomenological investigation.</p> <p>I am interested in exploring how our body politics shape the experience of touch in DMP and therefore I am looking for participants who use or have used touch in their practice and would like to be part of this journey.</p>

**Name:** Chloé Gayet

**Contact details:** gayetc@roehampton.ac.uk

**Title of Research Project:** Dancing on the Borders: An Embodied Performance  
Investigation of Multicultural Dance Movement Psychotherapy

This research will explore how the cultural dance background of DMPs influences their practice and how it impacts their therapeutic relationships with clients. Therefore I will interview DMPs with different cultural and dance backgrounds.