

Questions from ADMP members re: UKCP registration

Could you please explain what does it mean for ADMP members in terms of payment.

UKCP has three categories of membership: Full Individual; Full Non Clinical; Trainee Therapist.

Full Individual membership is: For fully qualified dance movement psychotherapists.

Full non-clinical membership is: For members who have been a UKCP member for at least five years and who may be teaching or supervising but are not engaged in clinical practice.

Trainee Therapists: To be eligible for UKCP trainee member status you must belong to a UKCP-registered organisation. You must also be in the process of completing a training course and undertaking the required clinical practice hours with a UKCP organisational member that takes supervisory responsibility for any clinical practice you undertake.

Charges for UKCP membership are due in October of each year. For 2015-16, the total fee for the year would be as in the first row of the chart below (Oct-15), depending on which category applies and how payment is being made.

The figures in the rows below, show what the fee is if you apply during that month e.g if your membership in your first year begins in Nov-15, you will pay the fees as detailed in that row. Each subsequent year, you will pay from October.

Joining Month	Full Individual	Full Individual - DD	Full Non Clinical	Full Non Clinical - DD	Trainee Therapist - DD
Oct-15	£244	£234	£208	£198	£60
Nov-15	£224	£214	£188	£178	£55

Dec-15	£203	£193	£167	£157	£50
Jan-16	£183	£173	£147	£137	£45
Feb-16	£163	£153	£127	£117	£40
Mar-16	£142	£132	£106	£96	£35
Apr-16	£122	£112	£86	£71	£30
May-16	£102	£92	£66	£56	£25
Jun-16	£81	£71	£45	£35	£20

An ADMP fee of £150 applies when applicants apply for registration. This is a one-off fee and is a contribution to the cost of processing applications. SRDMT and UKCP applicants who do not have to apply, will pay a nominal fee of £20.

Could it please be explained to me why ADMP persists in having a hierarchical structure of qualification for therapists based on constantly changing conditions to meet such as essays, time spent in therapy, additional training etc. What model are we working from here? What requirements are we trying to meet and who is overseeing this as an organisational structure and why? Why are there so many routes and in what way does this protect our clients and contain and protect the integrity of our profession?

ADMP is entering a new era where it will belong to a bigger family (i.e. UKCP) which can provide DMPs with opportunities and greater resources to draw from. As an Organisational Member (OM) of HIPC and UKCP we have to abide to the general requirements from both HIPC (our College) and UKCP. The requirements for UKCP accreditation are different from the ADMP ones for registration, private practice and supervisors' list. If an ADMP member wishes to apply for UKCP/HIPC membership, there are additional requirements to be fulfilled. It is not mandatory that ADMP members join UKCP and non-UKCP/HIPC DMPs are considered fully and adequately trained.

Following extensive checks and comparisons of ADMP accredited trainings and the requirements of UKCP, historical factors were taken into consideration e.g. SRDMT, DMP PG diploma and top up MA. The four application categories as detailed in the handbook (Section 2) are intended to provide a fair route for each DMP to belong to UKCP, all in one category (UKCP registered).

(same member) When is the next working party meeting being held and where? How do we contribute to the agenda as members and professionals? Why was the date of the next working party not sent along with this email thus providing professionals with a place and space to flesh this out and for the organisation to provide consultation with its professional members?

The UKCP working party is not a committee and we have been working as and when to complete this long and demanding process for ADMP becoming OM of UKCP.

There have been numerous invitations to join this group since late 2012 when we started working on the ADMP UKCP application.

Everything the working party was doing was reported to the Council (as decisions can be made only by this committee) and updates of the process were frequently sent to the membership via emails (see newsletters).

I am a member of UKCP the psychoanalytic section already for many years. Can one be a member of the humanistic section as well as the psychoanalytic one?

Normally, an individual member will belong to UKCP through an OM and its modality college – normally each OM belongs to one modality college.

The exception to this is if the OM has adult trainings as well as child trainings, and then the individual's OM is the same, but the college is based on which training they undertook, i.e. child or adult. We are focusing on an OM which offers adult trainings and therefore sits within one modality college for the moment.

That OM is responsible for annual CPD checks and the member's five yearly re-accreditation.

If the members are currently in the UKCP database with an organisation which is not ADMP (but is within HIPC), and they want ADMP to be their main or primary organisation, then they will need to be 'transferred' to ADMP as their primary organisation, and ADMP will be responsible thereafter for the member's 5 yearly reaccreditation. It is a transferral of regulatory responsibility, effectively.

If a member is transferring their UKCP membership to ADMP (ADMP is held within HIPC) from another UKCP OM/college, for example an OM within CPJA, and are not planning on retaining membership with their old OM, then it's a fairly clear cut process. It will be necessary for the old OM/college to be notified of this transferral, and the old OM's confirmation of the situation is provided to the UKCP membership team so that there is transparency and clarity (normally the member does this). As a part of moving their membership to ADMP, they will automatically be transferred to HIPC, as ADMP is within HIPC. They will no longer need to complete a reaccreditation for their old OM/college they've left, only ADMP/HIPC.

If the UKCP member continues full membership with another OM in a different college as well as joining ADMP as a full clinical member, then ADMP still holds responsibility for reaccrediting that member on behalf of HIPC. That is an absolute requirement if the individual wishes to be an accredited member through both OMs/colleges. The individual member therefore is responsible for maintaining CPD and Supervision requirements for both OMs, ie HIPC and CPJA. This normally means that they reaccredit through both OMs/colleges.

As it happens I belong to the group of 2009 SRDMP registered practitioners. So I understand that I belong to the group of SRDMPs that can be accepted on the UKCP register with conditions.

All Senior DMPs will proceed straight to application for UKCP registration (see Section 2, *Grand parenting route*, of the handbook).

With the requirement of 160 hours personal therapy over at least four years I have completed over this over 8 years worth with the same therapist. As evidence do you need just a letter from my personal psychotherapist to say

that I have met that requirement or do you need the total number of hours ive completed.

We need a letter by your therapist indicating the number of hours you have completed and the period these cover.

With 450 DMP clinical hours completed as from placement, does this mean 450 hours after the placement or 450 hours including placement?

The 450 figure covers the period during the training and the placement and the after-qualification one. By clinical hours, we mean the actual hours of seeing clients/ conducting sessions and NOT any other hours spend on placements (e.g. meetings/ note taking/ etc).

In the MA after 2009 category, 450 clinical session hours, can you clarify what this is. Eg if I work 8 hours in an NHS post and I run a session (1 hour DMP practice) and 30 mins on the ward, I have a team meeting for 1 hr and a referral meeting for 1 hr. Does the clinical session hours mean counting only 1 hour of DMP practice ?

Yes, the 450 hours include ONLY the hours one spends conducting sessions.

25 hrs CPD per year and 250 hours over 5 years, Does this mean if I have been practicing for 3 years post qualifying and completed the 25 hrs per year , that I cant apply until I have done 5 years worth of cpd at 50 hrs (250hrs) cpd per year?

The requirement of 250 hours of CPD within 5 years applies from after graduation and, specifically, from after you have become UKCP registered when you will need to prove this requirement for your 5 year re-accreditation process.

In other words, you count the 250 hours AFTER you obtain your UKCP registration.

The requirement for after 2009 Masters graduates talks about additional therapy post qualification. Does this still apply if the applicant has already had a total of 4 years of personal therapy before the end of the MSc?

The 4 years requirement covers ONLY the period from when you started your DMP training and after it. It does NOT cover any therapy hours before you started your training.

Does having graduated in 2004 and having private practitioner and supervisor status change the grand parenting route criteria in any way (e.g. therapy hours and clinical paper?).

The grand-parenting route applies ONLY to Senior registered DMPs. If one graduated before 2009, they follow route B (see section 2, *Category B: APEL route*, of the handbook).

I am in touch to clarify requirements for becoming accredited with UKCP. I plan to take Route 1.

Personal Therapy: is the requirement to do 40 or 80 hours after Masters over next 5 years? I have not had therapy since graduating and plan to monthly which would take me more than 5 years if it is 80 hours.

The requirement is 4 years of 40 hours from when you started your training until you fulfill this number (i.e. if someone did their MA in 2 years (FT studies) they will need a couple more years of WEEKLY therapy with minimum 40 hours per year and if someone did their MA in 3 years (PT studies) they will need one more year of WEEKLY therapy with minimum 40 hours per year.

Supervision clinical practice of 450 clinical hours. Do UKCP need evidence of clinical practice as well as supervision?

You need to submit a break down of your clinical hours per year (plus in which setting and client group) and a letter from your supervisor(s) indicating the period you have worked together and the number of supervision hours.

For more details, (see section 5, *Portfolio*, of the handbook).

ADMP additional training of 67 hours. Can I count intensive weekend courses and trainings?

No, the 67 hours refer to the ADMP run training which will be on master's level and agreed with UKCP.

Clinical & theory paper based on ADMP additional training and my clinical practice (5,000). How I have applied/developed practice from training?

For more details, see section 5, *Portfolio*, of the handbook.

I looked at the membership fees and wondered why it is significantly cheaper next year? Also what the difference is between Full individual/ Direct member fee?

The UKCP joining fee is always the same but it depends on when you join them (e.g. it would be £244 if you joined UKCP in October but £122 if you joined in April). Your membership will always be renewed in October.

ADMP members can be 'Full members'. The 'direct member' category does not apply to ADMP members since ADMP is the only organisational member (OM) that accredits UKCP registered dance movement psychotherapists.

I would like to know if my previous qualification/trainings/clinical hours will count to my application:

For UKCP accreditation, ADMP counts your DMP training and the personal therapy hours that you fulfilled during that training and after it. If you have had clinical experience prior to your MA in DMP studies, this cannot count nor can therapy. For more information on which category you belong for the UKCP accreditation application, please see the handbook (Section 2).

My query is that as a RDMP from 2007 with a diploma and obtaining private practitioner status in 2012 I can't find a route in! I already have an MA in another field and sincerely hope that as having obtained private practitioner status that I will be able to register. What is my status in all of this?

Please see section 2, *Category C*, of the handbook.

How does ADMP want the 'seniors' to do their UKCP application in view of the fact that they can get on with it now?

Please see section 6, *How to apply*, of the handbook.

I completed PG Diploma in DMT in 1991 I gained Senior Registration in 2007.

But did not complete my Top-up MA DMP until 2010 Do I qualify for UKCP membership via 'Grandparent' route?

Yes, all senior ADMP members, automatically go through the grand parenting route.

- I've graduated in 2000 with a MA, but have lapsed membership for 1 or two years. Does that change my route to membership (I have evidence of well over the required practice hours).

- I have graduated with a master's before 2009, but interrupted my professional membership, which is now active. Which category do I fall in for applying for registration? How many hour of supervision are required?

For the above questions the answer is the same: You need to make sure you evidence the fulfillment of 25 hours yearly CPD even if this took place all at once when you re-joined ADMP (e.g. if you had interrupted your membership between 2002 and 2004 you now need to make sure you do 50 hours of CPD to meet the requirement).

You also need to prove that you have done minimum 450 clinical hours and 75 supervision hours (1:6 ratio).

I did the 2 year course at Roehampton in 2000-2. I have worked as a DMP ever since and then went back to do a research MA completed in 2009. I am not sRDMP, just standard RDMP. So where do I sit within the three criteria?

If you have done the MA in DMP, then you need to look at category B in the handbook. If you have not done the MA and only the PgDip, then you need to look at category C and the 3 options.

Can we get UKCP registration while working overseas (e.g.Cyprus, India)? So what happens with UKCP if you are working abroad?

Members of ADMP can apply for UKCP registration anywhere in the world, providing they meet the requirements and ADMP will support their application.